

Kinesiology-Exercise Science, B.S.

Course	Title	Semester Credit Hours
Freshman Year		
Semester 1		
Communication		3
EDKN 1305	Intro to Exercise Science	3
Rhetoric & Composition		3
American History		3
UNIV 1201	Learning in Global Context	2
Semester Credit Hours		14
Semester 2		
EDHL 1254	Contemporary Wellness	2
EDKN 2335 or EDKN 2340	Sport in Global Society or Medical Terminology	3
Rhetoric & Composition		3
American History		3
MATH 1314	College Algebra	3
EDKN Aquatics or Fitness (p. 2)		1
Component Option B		1
Semester Credit Hours		16
Sophomore Year		
Semester 1		
BIOL 2401	Anatomy and Physiology I	4
EDHL 2325	Health Promotion	3
Government/Political Science		3
Lang/Phil/Culture		3
Creative Arts		3
Semester Credit Hours		16
Semester 2		
BIOL 2402	Anatomy and Physiology II	4
EDHL 2124	CPR and First Aid	1
HMNT 2350	Introductory Nutrition	3
Government/Political Science		3
PSYC 2301	Introd to Psychology	3
EDKN Aquatics or Fitness (p. 2)		1
Semester Credit Hours		15
Junior Year		
Semester 1		
EDKN 3345	Meas/Eval in Kinesiology	3
EDKN 3353	Applied Performance Psychology	3
EDKN 3436	Basic Physiology of Exercise	4
Supporting Field		3
Supporting Field		3
Semester Credit Hours		16
Semester 2		
Select one of the following EDHL/EDKN Elective, adv. courses:		3
EDHL 4344	Health and Aging (WI)	
EDKN 4342	Motor Skills Special Populatns	
EDKN 4352	Psychology of Injury	

EDKN 3320	Motor Devel and Motor Learning	3
EDKN 3343	Strength and Conditioning	3
Supporting Field		3
Supporting Field		3

Semester Credit Hours	15
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Senior Year**Semester 1**

EDKN 4320	Introductory Research Methods	3
EDKN 4325	Biomechanics	3
EDKN 4401	Exercise Test and Prescription	4
Supporting Field, adv.		3
Supporting Field, adv.		3

Semester Credit Hours	16
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Semester 2

Select one of the following EDHL/EDKN Elective, adv. courses:	3
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EDHL 4344	Health and Aging (WI)	
EDKN 4342	Motor Skills Special Populatns	
EDKN 4352	Psychology of Injury	
EDKN 4324	Exerc in Chronic Disea/Disab	3
EDKN 4328	Internship	3
EDKN 4329	Sr Seminar Exercise Sci (WI)	3

Semester Credit Hours	12
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Total Credit Hours Required:	120
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EDKN Aquatics or Fitness Courses

Code	Title	Semester Credit Hours
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Select one of the following:

EDKN 1101	Selected Physical Activity ¹	
EDKN 1105	Flexibility and Strength Train	
EDKN 1121	Elementary Swimming	
EDKN 1125	Water Aerobics	
EDKN 1137	Weight Training and Cond	
EDKN 1149	Jogging and Circuit Training	
EDKN 1150	Mat Pilates	

¹ Course topic must be an aquatics or fitness activity (see Academic Advisor for details).