

Kinesiology-Exercise Science, B.S. (Performance Psychology Option)

Course	Title	Semester Credit Hours
Freshman Year		
Semester 1		
Communication		3
EDHL 1254	Contemporary Wellness	2
EDKN 1305	Intro to Exercise Science	3
Rhetoric & Composition		3
American History		3
UNIV 1201	Learning in Global Context	2
Semester Credit Hours		16
Semester 2		
EDKN 2335	Sport in Global Society	3
Rhetoric & Composition		3
American History		3
MATH 1314	College Algebra	3
PSYC 2301	Introd to Psychology	3
Semester Credit Hours		15
Sophomore Year		
Semester 1		
BIOL 2401	Anatomy and Physiology I	4
Government/Political Science		3
PSYC 2314	Lifespan Developmental Psyc	3
Creative Arts		3
Lang/Phil/Culture		3
Semester Credit Hours		16
Semester 2		
BIOL 2402	Anatomy and Physiology II	4
EDHL 2124	CPR and First Aid	1
EDKN 3320	Motor Devel and Motor Learning	3
Government/Political Science		3
PSYC 3301	Social Psychology (WI)	3
Semester Credit Hours		14
Junior Year		
Semester 1		
EDHL 3333 or EDKN 3345	Growth Develop and Sexuality or Meas/Eval in Kinesiology	3
EDKN 3352	Sport Psychology	3
EDKN 3436	Basic Physiology of Exercise	4
PSYC 4312	Physiological Psychology	3
PSYC 4329	Cognitive Psychology	3
Semester Credit Hours		16
Semester 2		
EDHL 4344 or EDKN 4342	Health and Aging (WI) or Motor Skills Special Populatns	3
EDKN 3343	Strength and Conditioning	3
EDKN 3353	Applied Performance Psychology	3
PSYC 4325	Abnormal Psychology	3

Select 1 of the following Statistics courses:		3
PSYC 3381	Statistics for Behavioral Sci	
SOCI 3381	Statistics for Behavioral Sci	
STAT 4301	Biostatistics	
Semester Credit Hours		15
Senior Year		
Semester 1		
EDKN 4320	Introductory Research Methods	3
EDKN 4325	Biomechanics	3
EDKN 4353	Psychology for Sports Coaches	3
EDKN 4401	Exercise Test and Prescription	4
PSYC 4322	Psychology of Personality	3
Semester Credit Hours		16
Semester 2		
EDKN 4324	Exerc in Chronic Disea/Disab	3
EDKN 4328	Internship	3
EDKN 4329	Sr Seminar Exercise Sci (WI)	3
EDKN 4352	Psychology of Injury	3
Semester Credit Hours		12
Total Credit Hours Required:		120