

Kinesiology - Health/Exercise Science, M.S.

This degree program requires a minimum of 30 semester credit hours.

Course Only Option

The 30 credit hour requirement is met through concentration core and elective courses. Additionally, free elective courses may count towards the credit hour requirements.

Code	Title	Semester Credit Hours
Concentration - Health/Exercise Science Core Courses		9
EDKN 5312	Physiology of Exercise	
EDKN 5317	Research in Kinesiology	
EDKN 5338	Statistical Analy of Res Data	
Elective Courses		15-21
EDHL 5318	Cardiovascular Health	
EDHL 5319	Drug Education	
EDHL 5320	Curr Issues in Global Health	
EDHL 5322	Seminar in Selected Topics ¹	
EDKN 5319	Psychological Aspects of KN	
EDKN 5320	Motor Learning/Motor Control	
EDKN 5322	Fitness/Nutrition/Weight Ctrl	
EDKN 5323	Perf in Environmental Extremes	
EDKN 5324	Youth Fitness and Performance	
EDKN 5325	Aging and Physical Activity	
EDKN 5327	Sport in the Modern World	
EDKN 5333	Seminar in Selected Topics ¹	
EDKN 5329	Applied Sprt, Ex, & Perf Psych	
Free Elective Courses		0-6
Select from 5000-level courses outside of EDHL or EDKN that are determined to be relevant to the health/exercise sciences and approved in advanced by the Program Coordinator ²		

¹ Seminar courses must have an approved health/exercise science topic as determined in advance by the Program Coordinator.

² NOTE: If the student takes 9 or more credit hours of free electives in a specific discipline, he/she will be required to take a comprehensive examination covering his/her coursework from that discipline.

Research Project Option

The 30 credit hour requirement is met through concentration core, research, and elective courses. Additionally, free elective courses may count towards the credit hour requirement.

Code	Title	Semester Credit Hours
Concentration - Health/Exercise Science Core Courses		9
EDKN 5312	Physiology of Exercise	
EDKN 5317	Research in Kinesiology	
EDKN 5338	Statistical Analy of Res Data	
Research Project Requirement		3-6
EDKN 5305	Graduate Research Project	
Elective Courses		9-15
EDHL 5318	Cardiovascular Health	

EDHL 5319	Drug Education
EDHL 5320	Curr Issues in Global Health
EDHL 5322	Seminar in Selected Topics ¹
EDKN 5319	Psychological Aspects of KN
EDKN 5320	Motor Learning/Motor Control
EDKN 5322	Fitness/Nutrition/Weight Ctrl
EDKN 5323	Perf in Environmental Extremes
EDKN 5324	Youth Fitness and Performance
EDKN 5325	Aging and Physical Activity
EDKN 5327	Sport in the Modern World
EDKN 5333	Seminar in Selected Topics ¹
EDKN 5329	Applied Sprt, Ex, & Perf Psych

Free Elective Courses**0-9**

Select from 5000-level courses outside of EDHL or EDKN that are determined to be relevant to the health/exercise sciences and approved in advance by the Program Coordinator ²

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Thesis Option

The 30 credit hour requirement is met through core concentration, research, and elective courses. Additionally, free elective courses may count toward the credit hour requirement.

Code	Title	Semester Credit Hours
Concentration - Health/Exercise Science Core Courses		9
EDKN 5312	Physiology of Exercise	
EDKN 5317	Research in Kinesiology	
EDKN 5338	Statistical Analy of Res Data	
Research Courses		6
EDKN 5306	Thesis (A)	
EDKN 5306	Thesis (B)	
Elective Courses		3-15
EDHL 5318	Cardiovascular Health	
EDHL 5319	Drug Education	
EDHL 5320	Curr Issues in Global Health	
EDHL 5322	Seminar in Selected Topics ¹	
EDKN 5319	Psychological Aspects of KN	
EDKN 5320	Motor Learning/Motor Control	
EDKN 5322	Fitness/Nutrition/Weight Ctrl	
EDKN 5323	Perf in Environmental Extremes	
EDKN 5324	Youth Fitness and Performance	
EDKN 5325	Aging and Physical Activity	
EDKN 5327	Sport in the Modern World	
EDKN 5333	Seminar in Selected Topics ¹	
EDKN 5329	Applied Sprt, Ex, & Perf Psych	
Free Elective Courses		0-12
Select from 5000-level courses outside of EDHL or EDKN that are determined to be relevant to the health/exercise sciences and approved in advance by the Program Coordinator ²		

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² NOTE: If the student takes 9 or more credit hours of free electives in a specific discipline, he/she will be required to take a comprehensive examination covering his/her coursework from that discipline.